

Week 2 Winter Menu from Nov 26



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Homemade Chicken Chorizo & sweet potato tagine Salad Bar Free From main	GC	Fish in parsley sauce Broccoli veggie mix Crushed new potatoes Salad Bar Free From main	FGD GC	Sausage Roast Yorkshire Pudding & gravy Roast potatoes Vegetables of the day Salad Bar Free From main	SED GC	Homemade shepherd's pie Wholemeal bread Salad Bar Free From main	G GC	Chicken burger in a soft bun Jacket wedges Salad bar Free From main	G GC
Vegetarian/Vegan		**Vegetarian/Vegan**		**Vegetarian/Vegan**		**Vegetarian/Vegan**		**Vegetarian/Vegan**	
Veggie Tagine Wholemeal bread Salad Bar	 G GC	Omelette Broccoli veggie mix Crushed new potatoes Salad Bar	ED GC	Vegan Sausage Roast Roast potatoes Vegetables of the day Salad Bar	GEDS GC	Veggie Shepherd's pie Wholemeal bread Salad Bar	 G GC	Veggie Burger Jacket wedges Salad Bar	GS GC
Cold Lunch option		**Cold Lunch option**		**Cold Lunch option**		**Cold Lunch option**		**Cold Lunch option**	
Tuna Wrap Free From Option	GDF	Cheese Wrap Free From Option	GD	Pasta Salad Free From Option	GCD	Egg Mayo Wrap Free From Option	GDE	Pasta Salad Free From Option	GDC
Jacket Potato		**Jacket Potato**		**Jacket Potato**		**Jacket Potato**		**Jacket Potato**	
Choice of tuna, cheese or beans		Choice of tuna, cheese or beans		Choice of tuna, cheese or beans		Choice of tuna, cheese or beans		Choice of tuna, cheese or beans	
Desserts		**Desserts**		**Desserts**		**Desserts**		**Desserts**	
Fresh fruit pots		Homemade cherry crumble & custard	GD	Fresh Fruit Pots with Greek yoghurt D		Homemade banana loaf	GDE	Fresh Fruit Pots	

Choice of salad, fresh fruit, organic yoghurts, bread, water, juice and milk available every day

This menu shows the allergens contained in dish as listed below. These are a guideline only and if your child has any severe allergies or intolerances, please contact the school office.

Allergen key: Gluten (G), Crustaceans , Soyabean (S), Mustard (M), Sesame (A), Sulphite/Sulphur Dioxide (Y), Milk/Dairy (D), Fish (F), Egg (E), Peanuts (P), Molluscs (O), Celeriac/Celery (C), Nuts (N), Lupins (L) – May contain is highlighted in BLUE